

Individual Waking Day Curriculum

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00 – 9.10	Laundry	Laundry	Laundry	Laundry	Laundry
09.10 -09.40	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
9.40 - 10.10	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
10 mins Messy Mixing	X's Sensory Box (See recipes for ideas or freedom to create)	X's Sensory Box	X's Sensory Box	X's Sensory Box	X's Sensory Box
10.20 – 10.50	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
Inside Break 10.50 – 11.00					
11.00-11.30	Toilet	Toilet	Toilet	Toilet	Toilet
11.30-12.00	Walk	Walk	Walk	Walk	Walk
12.00-12.30	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
12.30 -1.00	Playground	Playground	Playground	Playground	Playground
1.00-1.30	Lunch	Lunch	Lunch	Lunch	Lunch
1.30-2.00	Toilet	Toilet	Toilet	Toilet	Toilet
2.00 - 2.30	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
10 mins Messy Mixing	X's Sensory Box	X's Sensory Box	X's Sensory Box	X's Sensory Box	X's Sensory Box
2.40-3.10pm	Work - 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward	Work 1,2,3 Reward
3.10-3.30pm	Walk	Walk	Walk	Walk	Walk